



# Virginia Green Events



## Dismal Swamp Stomp Half Marathon & Children's ½ Mile Cub Run

Chesapeake, Virginia  
April 16, 2011



**Virginia Green** is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. **Virginia Green Events** have been thoughtfully planned and designed to minimize the event's impacts on the environment. This event has met the established "core activities" for *Green Events* and has committed to communicate its activities to its participants. Below is a list of this event's "green" activities that participants can expect.

### Dismal Swamp Stomp

Chesapeake invites you on a spectacular 13.1 mile journey through a lush, mysterious landscape and rich history. Alongside and parallel to the trail is the historic Dismal Swamp Canal, part of the famed Atlantic Intracoastal Waterway, which offers runners forested wetlands and a peaceful paved pathway through the wilderness. Join the foot stompin' crowd for the race; enjoy the legendary scenery and entertainment that will be anything but dismal. Each registered participant receives a finisher's medal when they cross the finish line. The Dismal Swamp Stomp Half-Marathon and Children's ½ Mile Cub Run (ages 12 and under) brings outdoor

sports to a new level. For registration, to volunteer, or for more “green” information, visit [www.dismalswampstomp.com](http://www.dismalswampstomp.com).

**Green Statement:** In support of the City of Chesapeake’s mission of conserving energy resources, “Leisure – Special Events” felt the Dismal Swamp Stomp can support this mission by enrolling in the “Virginia Green” program to reduce the amount of waste taken to our landfill, promote car-pooling and increase recycling awareness.

**Virginia Green Activities.** When visiting Dismal Swamp Stomp, you can expect the following practices:

### **CORE ACTIVITIES for Green Events**

- ☑ **Recycling.** Events must provide recycling for its participants. Recycling should be highly visible and made available to the public with clear signage.
  - Plastic Bottles & Paper
- ☑ **Minimization of disposable food service products.** Events should eliminate the use of Styrofoam cups and plates. If you must use disposables, use products that are bio-based, paper, or recyclable.
  - Disposable cups, plates, and napkins are made with recycled content.
  - Disposable cups, plates, and napkins are recyclable.
- ☑ **Printed Materials.** Recycled-content, soy-based inks, and 2-sided copies -- and quantities should be minimized whenever possible!
  - Use electronic registration, correspondence and forms
- ☑ **Waste Reduction.** Event planners should make a general commitment to reduce the amount of waste generated by their event.
  - Donate excess food.
  - Avoid box lunches – trays/platters of food are much less wasteful.
  - Encourage the use of mass-transit or carpooling to the event.
- ☑ **Green Signage.** Event planners must commit to **tell their participants about *how green*** the event is. Event signage should include the Virginia Green logo and list all “green activities” practiced in the planning and operation of the event.
  - Posted web-link to the Virginia Green Events webpage
  - Use the Virginia Green logo on signs and at recycling centers

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For more information on **Dismal Swamp Stomp**, see [www.dismalswampstomp.com](http://www.dismalswampstomp.com) or contact Ann Hupp at [team@kalerunning.com](mailto:team@kalerunning.com).

For more information on **Virginia Green** program, see [www.deq.virginia.gov/p2/virginiagreen](http://www.deq.virginia.gov/p2/virginiagreen). Click on “Events” for a more of green events.



**Virginia Green** is a partnership supported by the Virginia Department of Environmental Quality, the Virginia Hospitality & Tourism Association, and the Virginia Tourism Corporation.

